

NewsLetter

December 2025



Self-Health Kiosk Available at Fearnhead

We have a self-health kiosk available for patients at Fearnhead Cross Medical Centre.

The kiosk allows you to:

- **Measure your blood pressure**
- **Record your height and weight**
- **Log key health habits**

This is a convenient way to keep track of your health between appointments.

November appointment activity

- Total appointments: 2,766
- Appointments not attended (DNA) 204

Missed appointments have a significant impact on the availability of care for other patients. If you are unable to attend, please cancel as early as possible so the appointment can be offered to someone else.

We really need our patients' help to use the NHS App to order and manage prescriptions, as this helps reduce delays and keeps phone lines free for those who need urgent assistance.

Fearnhead Refurbishment

We are pleased to announce that the Fearnhead refurbishment is now complete. The updated space has been designed to create a more welcoming, modern, and comfortable environment for our patients and staff.

We have also increased the number of consulting rooms too.


📸 Please see the attached photos showing the refreshed reception area, waiting room, and consulting corridors.



Cervical Cancer Awareness - January

January marks Cervical Cancer Awareness, an important opportunity to highlight the importance of regular cervical screening (smear tests).

- Smear tests can detect early changes before cancer develops
- Screening saves lives

 How to book: - Online via our booking system or through reception via telephone or face to face at the Surgery.

Our practice nurses are also available to speak with patients who may have concerns or questions before booking an appointment. Please do not hesitate to reach out – we are here to support you.

NHS App - Please Help Us Help You

We are encouraging all patients to make full use of the NHS App, which is the quickest and easiest way to manage your healthcare.

Using the NHS App, you can:

- Order repeat prescriptions
- Track the status of your prescription requests
- View your medical record
- Check test results

👉 We really need our patients' help to use the NHS App to order and manage prescriptions, as this helps reduce delays and keeps phone lines free for those who need urgent assistance.

If you need support getting started, please speak to our reception team.

Christmas & New Year Opening Hours



Monday 22nd & Tuesday 23rd December - normal working hours

Wednesday 24th December - normal working hours for Longford Street Surgery ***Fearnhead Cross Medical Centre closes at 1pm***

Thursday 25th & Friday 26th December - closed

Monday 29th & Tuesday 30th December - normal working hours

Wednesday 31st December - normal working hours for Fearnhead Cross Medical Centre ***Longford Street Surgery closes at 1pm***

Thursday 1st January - closed

Back to normal working hours from Friday 2nd January.



**Merry Christmas from all of the staff at
Fearnhead Cross Medical Centre**

